

# CURRICULUM VITAE

## **Dipanwita Ghana**

State Aided College Teacher

Department of Philosophy

Siddhinath Mahavidyalaya, Purba Medinipur

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### **Address:**

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### **Educational Qualification:**

- B.A.(Hons.) in Philosophy from Vidyasagar University.
- M.A. in Philosophy from Vidyasagar University.
- B.Ed. from Vidyasagar University.
- Ph.D (Perusing) from Eklavya University, MP

### **Area of Specialization in M.A.:**

- **Advaita Vedanta**
- **Applied Philosophy**

### **Teaching Experience:**

- Guest Lecturer, Department of Philosophy, Siddhinath Mahavidyalaya from 02.01.2019 to 31.12.2019.
- State Aided College Teacher, Department of Philosophy, Siddhinath Mahavidyalaya from 01.01.2020 to Till Date.

### **Responsibilities:**

- HOD of department of Philosophy Siddhinath Mahavidyalaya 02/01/2022 to Till now.
- NSS Volunteer from 2014 to 2014 in Vidyasagar University.
- Member of Academic sub-committee of Siddhinath Mohavidyalaya.
- Member of Library committee of Siddhinath Mohavidyalaya.

### **Extra Curricular Activities:**

- Computer
- Gardening
- First Aid
- Singing

## LIST OF PUBLICATIONS

SL. NO.	NAME OF ARTICLE	NAME OF JOURNAL	YEAR	ISSN/ ISBN NO
1	Impact of Yoga as a Predictor of Mindfulness, Self-Compassion, and Quality of Life	Unnati International Journal of Multidisciplinary Scientific Research (U.I.J.M.S.R.)	May-2023	ISSN : 2581-8872
2	The Philosophical Foundations of Yoga: Exploring the Relationship Between Body, Mind and Spirit : A Review	Unnati International Journal of Multidisciplinary Scientific Research (U.I.J.M.S.R.)	June – 2023	ISSN : 2581-8872
3	Bharatiya Nitisastre dharmera Sbarup o Samasamayika Prasangikata ekati Paryalochana	Ethics in Practice	March-2023	ISBN: 9789392205880
4	Yoga for Mental & Physical Health	Shodhajyoti	Dec-2022	ISBN- 9738332479823

## WORKSHOP/SEMINAR PARTICIPATION

Sl No.	The Title of the Paper	Title of the seminar/conference/ Workshop	National/ International/ State	Date	Organizer
1	“Jibon Darshan Yoger Bhumika: Ekti Somikha”	“Yoga and Human Life”,	National Seminar	22/07/ 2023	Dept. of Philosophy Panskura Banamali College (Autonomous) Purba Medinipur, West Bengal
2	“Bharotio Niti sastra Dharmar Swarup o samosamohik Prasangikta: ekati Porjalochona”	“Ethics in Practice”, Organized by the Dept. of Philosophy in Collaboration with IQAC, Panskura Banamali College(Autonomous) Purba Medinipur, West Bengal.	National Seminar	21/03/ 2023	Dept. of Philosophy in Collaboration with IQAC, Panskura Banamali College(Autonomous) Purba Medinipur, West Bengal.
3	A Study on: Yoga Philosophy And Its Importance in Daily Life	Empowering Higher in the Light of NEP-2020	National	10/05/ 2024	Medinipur City College, Department of Humanities, Paschim Medinipur, West Bengal